

ALLERGY SAFE SNACK FOOD SUGGESTIONS

PLEASE KEEP ALL ITEMS IN ORIGINAL PACKAGING TO PREVENT CROSS-CONTAMINATION.
THESE ARE SUGGESTED IDEAS FOR BIRTHDAY CELEBRATIONS.
MOST SNACK ITEMS CAN BE FOUND AT YOUR LOCAL GROCERY STORE.

FRUITS OR VEGETABLES

- ✓ Applesauce Cups
- ✓ Applesauce pouches
 - GOGO Squeez Brand (GLUTEN FREE)
- ✓ Fruit Cup
- ✓ Dried Fruit
- ✓ Raisins

Gluten Free Snacks

- ✓ Annie's Organic Bunny Fruit snacks
- ✓ Snyder's Gluten Free Pretzels sticks
- ✓ Pop Corners Popped- Corn snacks
- ✓ Enjoy Life Soft baked cookies
- ✓ Cliff Kid Fruit Organic Mixed Berry Fruit rope
- ✓ Bare Baked Crunchy Apple Chip

ICE CREAM

- ✓ Tofutti Brand- Cuties Ice cream sandwiches
- ✓ (Milk Free, Lactose Free, Dairy Free)



- ✓ Popsicle Brand Ice Pops (Milk, Peanuts, Egg, Tree Nuts and wheat Free)



- ✓ Paw patrol



- ✓ Crayola Scribblers



- ✓ Frozen Mini

Peanut Free Snacks

- ✓ Cheetos Brand chips
- ✓ Skinny pop Popcorn
- ✓ Crackers
 - Wheat thins
 - Triscuits
- ✓ Pretzels
 - Newman's own
 - Rold Gold
- ✓ Rice Cakes
- ✓ Goldfish/ cheddar bunnies
- ✓ Wise Brand
 - Potato chips
 - Popcorn
 - Cheez Doodles
 - Potato Chips
- ✓ Pop chips
- ✓ Baked Lay's
- ✓ Cape Cod
- ✓ Pringles
- ✓ Ruffles
- ✓ Kettle brand
- ✓ Pirate's Booty

Please check packaging and ingredient list before purchasing any snack item. If you are unclear, please feel free and contact Jennifer Kuryla, School Lunch Director for further assistance.

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